

# St. Luke's Health Brazosport Hospital

## 2024 Community Health Implementation Strategy






Adopted October 2024



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## At-a-Glance Summary

<p><b>Community Served</b></p> 	<p>CHI St. Luke’s Health – Brazosport Hospital is located in Lake Jackson, Texas, within the Greater Houston metropolitan area. The hospital service area includes the cities of: Angleton, Brazoria, Clute, Damon, Danbury, Freeport, Lake Jackson, Liverpool, Manvel, Rosharon, Sweeny and West Columbia.</p>
<p><b>Significant Community Health Needs Being Addressed</b></p> 	<p>The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital’s most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <ul style="list-style-type: none"> <li>• Access to care (including SDOH)</li> <li>• Chronic disease (including overweight &amp; obesity)</li> <li>• Mental health</li> <li>• Preventive practices</li> </ul>
<p><b>Strategies and Programs to Address Needs</b></p> 	<p>The hospital intends to take actions and to dedicate resources to address these needs, including:</p> <ul style="list-style-type: none"> <li>• Access to care (including SDOH): financial assistance, flu shots and health fairs</li> <li>• Chronic disease (including overweight and obesity): community health education, support groups, the Mermaid Project, dietary consultations and health fairs</li> <li>• Mental health: community health education and mental health awareness activities</li> <li>• Preventive practices: flu shots and immunizations, health fairs, and screenings</li> </ul>
<p><b>Anticipated Impact</b></p> 	<p>These activities will:</p> <ul style="list-style-type: none"> <li>• Increase access and reduced barriers to health care for the medically underserved.</li> <li>• Increase identification and treatment of chronic diseases and improved compliance with chronic disease prevention and management recommendations.</li> <li>• Increase awareness and treatment of mental health issues.</li> <li>• Increase the identification and treatment of disability and disease and increase individuals’ compliance with preventive care recommendations.</li> </ul>
<p><b>Planned Collaboration</b></p> 	<p>St. Luke’s Brazosport anticipates collaborating with the following facilities and organizations to address these priority needs: Baylor School of Medicine, Susan G. Komen Foundation, American Cancer Association, Brazosport College, Community Health Network, Health South Texas, Brazosplace, area hospitals, Live Oak Clinic, Brazoria County Health Department, NAMI Gulf Coast, Brazoria County Mental Health Division, United Way, and school districts.</p>

This document is publicly available online at the hospital’s website:

<https://www.stlukeshealth.org/about-st-lukes-health/healthy-communities>.

Written comments on this report can be submitted to the Mission Integration and Spiritual Care office at 100 Medical Drive, Lake Jackson, TX 77566 or by e-mail to

[jerry.mcdonald@commonspirit.org](mailto:jerry.mcdonald@commonspirit.org) or [fawn.preuss@commonspirit.org](mailto:fawn.preuss@commonspirit.org).

# Our Hospital and the Community Served

## About the Hospital

St. Luke’s Health Brazosport Hospital is a part of CommonSpirit Health, one of the largest nonprofit health systems in the U.S., with over 2,200 care sites in 24 states coast to coast, serving in big cities and small towns across America.

St. Luke’s Health Brazosport Hospital is located on a beautiful, 25-acre campus in Lake Jackson, Texas. Offering state-of-the-art diagnostic and comprehensive treatment services, our hospital is home to a 154-bed patient tower, level III trauma center, advanced cardiac care center, and full-service, multidisciplinary cancer center.

## Our Mission

The hospital’s dedication to assessing significant community health needs and helping to address them in conjunction with the community is in keeping with its mission. As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

## Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient’s financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital’s website.



## Description of the Community Served

A summary description of the community is below. Additional details can be found in the CHNA report online.

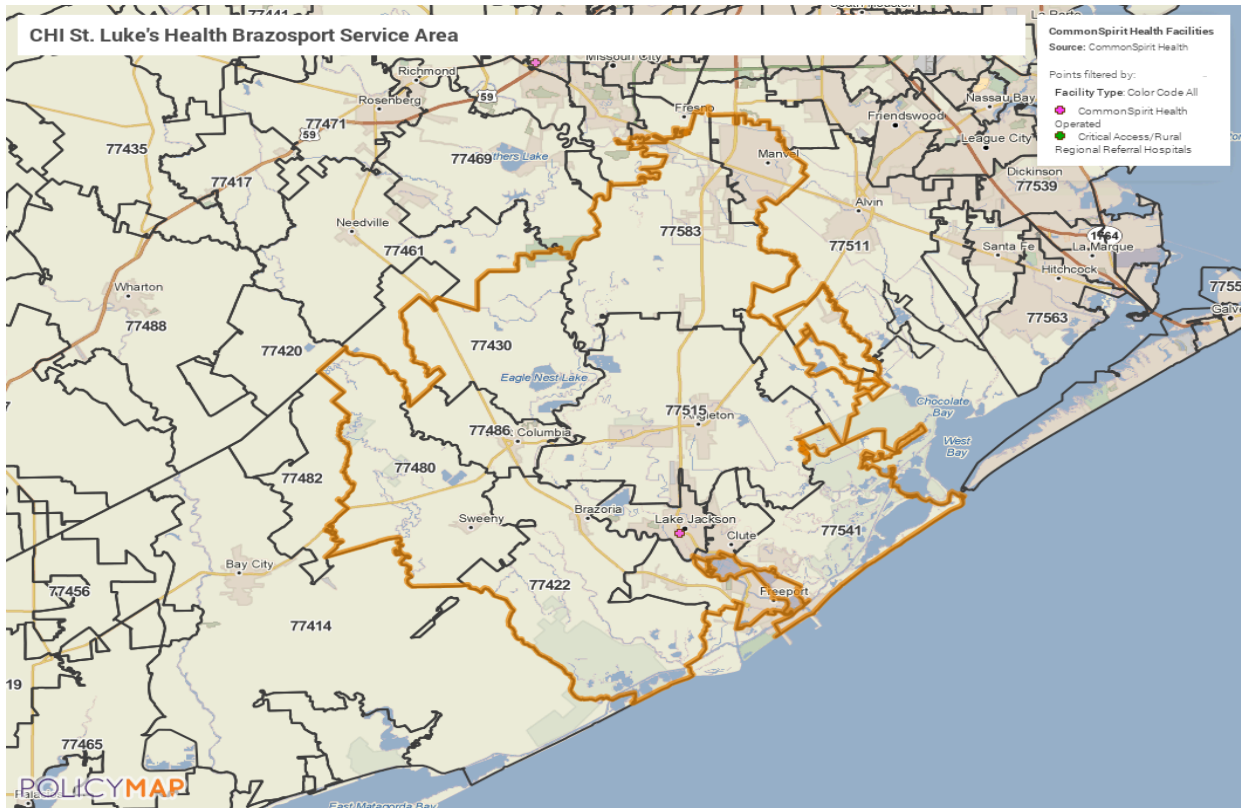
The population of the St. Luke’s Health Brazosport service area is 198,159. Children and youth, ages 0-17, make up 24.4% of the population, 63.5% are adults, ages 18-64, and 12.1% of the population are seniors, ages 65 and over. The largest portion of the population in the service area identifies as White or Caucasian residents (46.7%). 33.4% of the population are Hispanic or Latino residents, 14.6% of the population are Black or African American residents, and 3.2% of the population are Asian residents. 1.7% of individuals

identify as multiracial (two-or-more races). In the service area, 73.8% of the population, 5 years and older, speak only English in the home, 22.3% speak Spanish, 2.2% speak an Asian or Pacific Islander language, 0.9% speak some other language, and 0.8% speak an Indo-European language in the home.

Among the residents in the service area, 14% are at or below 100% of the federal poverty level (FPL) and 25.2% are at 200% of FPL or below. Educational attainment is a key driver of health. In the hospital service area, 13.7% of adults, 25 and older, lack a high school diploma, which is higher than the county rate (11.2%) and lower than the state rate (15.1%). 23.5% of area adults have a bachelor's degree or higher college degree.

83.6% of the population in the service area has health insurance and 89.3% of children, ages 0-18, have health insurance coverage. South Brazoria is designated a primary care Health Professions Shortage Area (HPSA). The Alvin Service Area is a designated Medically Underserved Area (MUA).

St. Luke's Health Brazosport Hospital is located at 100 Medical Drive, Lake Jackson, Texas, 77566. The hospital defines its service area to include the following cities, all located within Brazoria County: Angleton, Brazoria, Clute, Damon, Danbury, Freeport, Lake Jackson, Liverpool, Manvel, Rosharon, Sweeny and West Columbia.





## Community Assessment and Significant Needs

The health issues that form the basis of the hospital’s community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in April 2024. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available on the hospital’s website or upon request from the hospital, using the contact information in the At-a-Glance Summary.

## Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Mental Health	This area has an increasing need for mental health services and a lack of providers.	Yes
Access to care	Access to a medical home and a primary care provider improves continuity of care and decreases unnecessary emergency room visits.	Yes
Social determinants of health	Food insecurity, lack of transportation, and insufficient affordable housing were identified as conditions impacting the community.	Yes
Economic insecurity	Lack of education, language barriers, inability to find work, and single income families were identified contributors to increasing economic insecurity.	No
Substance use	Smoking, marijuana use, alcohol use, and illegal drugs are an issue in the area. Smoking and marijuana use is on the rise among adolescents and drug use is on the rise with the increasing numbers of unemployment and homelessness. Lack of treatment facilities was also identified.	No
Chronic diseases	High blood pressure, cholesterol, and cancer rates were among the highest chronic disease incidence rates	Yes
Preventive practices	Vaccine hesitancy and unvaccinated students are a concern as well as less than desirable rates for pap-smears, mammograms, and colorectal cancer screenings.	Yes

Significant Health Need	Description	Intend to Address?
Overweight and obesity	Obesity had one of the highest scores for severe impact on the community in the survey. Lack of access to healthy food, education, and nutrition were identified as contributing factors.	Yes

**Significant Needs the Hospital Does Not Intend to Address**

Taking existing organizational and community-based resources into consideration, the hospital is choosing to not address economic insecurity and substance use as identified in the CHNA. St. Luke’s Health Brazosport Hospital cannot address all the health needs in the community and must focus on areas where we have the greatest potential for impact and that also align with our mission, and prevent duplication of effort.

**2024 Implementation Strategy**

This section presents strategies and program activities the hospital intends to deliver, fund or collaborate with others on to address significant community health needs over the next year (a new CHNA and corresponding implementation strategy are planned for the next year in an effort to align timing among other Houston-area hospitals), including resources for and anticipated impacts of these activities.

Planned activities are consistent with current significant needs and the hospital’s mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

**Creating the Implementation Strategy**

The hospital is dedicated to improving community health and delivering community benefits with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

Hospital and health system participants included the engagement of its hospital president, management team, advisory board, community health and benefits representative, and mission department.

St. Luke’s Health Brazosport Hospital is dedicated to improving community



health and delivering community benefits with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

The following criteria were used by the hospital to determine the significant health needs they will address in the Implementation Strategy:

- Is available to the public and serves low-income residents.
- Reduces barriers to accessing services.
- Addresses disparities in health status
- Enhances public health activities
- Increases knowledge and benefits the public.

St. Luke's - Brazosport engaged internal leaders to examine the identified health needs according to these criteria. The CHNA served as the resource document for the review of health needs as it provided statistical data on the severity of issues and also included community input on the health needs. As well, the community prioritization of the needs was taken into consideration. As a result of the review of needs and application of the above criteria, the hospital chose to focus on: access to care (including social determinants of health), chronic diseases (including overweight and obesity), mental health and preventive practices.

For each health need the hospital plans to address, the Implementation Strategy describes: actions the hospital intends to take, including programs and resources it plans to commit, anticipated impacts of these actions, and planned collaboration between the hospital and other organizations. In most cases, the strategies identified to address the selected needs are based on existing programs that have evidence of success.

## Community Health Core Strategies


The hospital believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.


CommonSpirit Health applies three core strategies to community health improvement activities. The hospital strives to incorporate these strategies into its work, to help ensure that its program activities overall address strategic aims while meeting locally-identified needs.


- Extend the care continuum by aligning and integrating clinical and community-based interventions
- Strengthen community capacity to achieve equitable health and well-being
- Implement and sustain evidence-based health improvement program initiatives




## Strategies and Program Activities by Health Need

 <b>Health Need: Mental Health</b>	
<b>Anticipated Impact (Goal)</b>	Increase awareness and treatment of mental health issues
<b>Strategy or Program</b>	<b>Summary Description</b>
Community health education	Community education will be offered to the community free of charge and will address mental health care topics, including providing resources for community mental health services.
Mental health awareness activities	The hospital will actively seek out partnership opportunities with CHI/CommonSpirit hospitals and community mental health organizations, and will join in community efforts to increase the understanding of mental health issues and provide access to resources.
Community Health Improvement Grants Program	The grant program helps to improve community health and health equity, and enhance local service systems, via restricted charitable contributions for defined projects. Collaborating 501(c)3 non-profit organizations apply to receive grant funds from our hospitals to address significant issues in community health needs assessments.
<b>Planned Resources</b>	The hospital will provide registered nurses, philanthropic cash grants, outreach communications, and program management support for these initiatives.
<b>Planned Collaborators</b>	St. Luke’s Brazosport anticipates collaborating with the following facilities and organizations to address this priority need: Baylor School of Medicine, Brazos County Health Department, NAMI Gulf Coast, Brazoria County Mental Health Division, school districts, and other non-profit service organizations in the service area.

 <b>Health Need: Access to Care (including SDOH)</b>	
<b>Anticipated Impact (Goal)</b>	Increase access and reduce barriers to health care for the medically underserved.
<b>Strategy or Program</b>	<b>Summary Description</b>
Financial assistance	St. Luke’s Health Brazosport hospital delivers compassionate, high quality, affordable health care and advocates for members of our community who are poor and disenfranchised. In furtherance of this mission, the hospital will provide financial assistance to eligible patients who do not have the capacity to pay for medically necessary health care services, and who otherwise may not be able to receive these services.
Flu shots	Free flu shots will be offered at a number of community venues.
Health fairs	Health fairs will provide health information on accessing needed health services and living a healthy lifestyle. Preventive screenings will be offered at the health fairs.
Community Health Improvement Grants Program	The grant program helps to improve community health and health equity, and enhance local service systems, via restricted charitable contributions for defined projects. Collaborating 501(c)3 non-profit organizations apply to receive grant funds from our hospitals to address significant issues in community health needs assessments.
<b>Planned Resources</b>	The hospital will provide registered nurses, philanthropic cash grants, outreach communications, and program management support for these initiatives.
<b>Planned Collaborators</b>	St. Luke’s Brazosport anticipates collaborating with the following facilities and organizations to address this priority need: Baylor School of Medicine, Susan G. Komen Foundation, The Rose, American Cancer Association, Brazosport College, Community Health Network and Brazosplace, United Way, and other non-profit organizations in the service area.

 <b>Health Need: Chronic Diseases (including overweight and obesity)</b>	
<b>Anticipated Impact (Goal)</b>	Increase identification and treatment of chronic diseases and improve compliance with chronic disease prevention and management recommendations.
<b>Strategy or Program</b>	<b>Summary Description</b>
Community health education	Community education will be offered to the community free of charge and will address a variety of chronic disease-related health care topics. Education programs will include: weight loss, high blood pressure, heart disease and diabetes.
Support groups	Support groups will be offered to persons with chronic disease conditions, their families and caregivers.
Mermaid Project	The Mermaid Project is a local initiative dedicated to transforming potential breast cancer victims into survivors. To meet this goal, the Project provides free breast cancer screening and treatment to qualifying low-income, uninsured men and women living in Southern Brazoria County.
Health fairs	Health fairs will provide health information on disease prevention and treatment, healthy eating and living a healthy lifestyle. Preventive screenings for chronic diseases will be offered at the health fairs.
Community Health Improvement Grants Program	The grant program helps to improve community health and health equity, and enhance local service systems, via restricted charitable contributions for defined projects. Collaborating 501(c)3 non-profit organizations apply to receive grant funds from our hospitals to address significant issues in community health needs assessments.
<b>Planned Resources</b>	The hospital will provide registered nurses, philanthropic cash grants, outreach communications, and program management support for these initiatives.
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 <b>Health Need: Preventive Practices</b>	
<b>Anticipated Impact (Goal)</b>	Increase the identification and treatment of disability and disease and increase individuals' compliance with preventive care recommendations.
<b>Strategy or Program</b>	<b>Summary Description</b>
Flu shots and immunizations	Free flu shots and immunizations will be offered at a number of community venues.
Health fairs	Health fairs will provide health information on accessing needed health services, preventing disease and living a healthy lifestyle. Preventive screenings will be offered at the health fairs.
Screenings	Community screenings, to detect diseases and acute and chronic health issues.
Community Health Improvement Grants Program	The grant program helps to improve community health and health equity, and enhance local service systems, via restricted charitable contributions for defined projects. Collaborating 501(c)3 non-profit organizations apply to receive grant funds from our hospitals to address significant issues in community health needs assessments.
<b>Planned Resources</b>	The hospital will provide registered nurses, philanthropic cash grants, outreach communications, and program management support for these initiatives.
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