

## HOME RUN SLIDERS

1 TBSP canola oil  
12 oz. lean ground beef  
1 (8 oz.) package baby bella mushrooms  
1 cup chopped onion  
3 garlic cloves minced  
1 medium carrot, grated  
1 TBSP tomato paste  
1 (6 oz.) can no salt added tomato sauce  
Taco seasoning (recipe below)  
Salt and/or pepper to taste  
1 package dinner rolls or hamburger buns

## TACO SEASONING MIX

2 teaspoons chili powder  
1 ½ tsp cumin  
½ teaspoon crushed red pepper  
½ teaspoon paprika  
½ teaspoon salt  
¼ teaspoon garlic powder  
¼ teaspoon onion powder  
½ teaspoon dried oregano  
¼ teaspoon black pepper

Mix well. Equals 1 envelope taco seasoning.

## DIRECTIONS

Heat oil in large skillet, add ground beef and cook until browned.  
While beef is cooking, chop mushrooms into small pieces  
Add all of the vegetables to pan and cook until onion is tender  
Stir in taco seasoning and tomato paste.  
Add tomato sauce and cook until mushrooms are tender and any excess liquid evaporates.  
Serve on rolls or buns.